

To help protect our Lion's Pride Family from the COVID-19 virus, please ask yourself:

In the past two weeks, have you experienced

- Fever?
- Cough or difficulty breathing?
- Sore throat?
- New loss of taste or smell?
- Contact with someone diagnosed with COVID-19?

If you have answered "Yes" to any of these questions, please do not enter the studio. We welcome you to participate in Zoom classes from your home.

For more information about COVID-19, please contact:

Jessamine Co. Health Dept. 859-885-4149

Garrard Co. Health Dept. 859-792-2153